Body Therapy Massage











SERVICES

Tradition Thai Massage

60 min. \$65 90 min. \$95

This is a pressure point massage based on the Thai practice of energy healing. It improves blood circulation, increases joint and muscle flexibility, releases muscle tension and is recommended for those who prefer a firm massage.

Baan Thai Signature Massage

60 min. \$60 90 min. \$85

This is combination of Thai, Swedish and deep tissue massage techniques. It is designed to soothe sore and tired muscles. Beginning with a warm up session, using light strokes, pressure is applied to key meridian points on the body.

Swedish Massage

60 min. \$60

90 min. \$85

Long soothing stokes to relax the body and improve circulation giving renewed energy. It is the perfect escape to leave you feeling pampered and rejuvenated.

Deep Tissue Massage

60 min. \$60

90 min. \$85

This technique is perfect for the kind of person who wants or needs a bit more pressure and attention to release knots and kinks.

Foot Reflexology

15 min. \$15 30 min. \$30

This massage focuses on pressure points in your feet to stimulate all nerve reflexes and improve overall organ functions. This old art is becoming more popular and is extremely effective in treating illness and tension.

Chair Massage (Back neck shoulder massage)

15 min. \$15 30 min. \$30

Deep pressure penetrates the tissue and a de-stressing massage of the back, neck and shoulders will immediately relax tight muscles and bring you athe state of calm.