

amical

Sunday Brunch Menu

From the Bakery

French Croissant 2

Almond Croissant 4

Nutella-Filled Croissant 4

Cinnamon Roll 3

Eggs & Omelets

Cheese Omelet*

three-egg omelet with gruyere & cheddar cheese, served with fruit & breakfast potatoes 8

Spinach & Bacon Omelet*

sautéed baby spinach, crisp bacon & Swiss cheese served with breakfast potatoes 9

Italian Sausage Omelet*

mild Italian sausage with fresh tomatoes, basil & tomato sauce, served with breakfast potatoes 9

Ham & Cheese Omelet*

diced ham & cheddar cheese in a three-egg omelet served with breakfast potatoes 9

California Omelet*

Mexican chorizo sausage, scallions, tomatoes & cheddar in a flour tortilla with avocado & salsa 9

Spinach & Feta Croissant*

fresh spinach leaves, feta cheese, bechamel and scrambled eggs in a warm croissant 8

amical Croissant*

buttery croissant with scrambled eggs, Swiss cheese & ham, served with breakfast potatoes 8

Simple Breakfast*

side of scrambled eggs & breakfast potatoes served with fresh fruit & breakfast bread 7

Savory Tart Lorraine

caramelized onion, crisp bacon, Swiss cheese & leaf thyme baked in a savory crust 8

Croque Madam*

baked open-faced ham croissant sandwich with bechamel, gruyere & basted egg 8

Eggs Milano*

poached eggs served over ham & polenta topped with pesto hollandaise 10

Brunch Specialties

amical French Toast

griddled Challah bread with almond bavarian creme, fresh berries, raspberry romanoff cream & almonds 11

Belgian Waffle

large housemade malted waffle topped with fresh seasonal fruit, whipped cream & powdered sugar 9

Banana-Pecan Waffle

malted waffle with toasted pecans, banana slices, Nutella & whipped cream 10

Banana-Nutella Crepe

Thin pancake filled with bananas & Nutella, dusted with crushed hazelnuts & powdered sugar 8

Fresh Fruit Crêpe

diced cantelope, honeydew, pineapple & berries in a thin pancake with raspberry sauce 7

Granola & Yogurt

toasted oats, raisins, dried cranberries & apricots with low fat yogurt 7

amical Cuisine

Chicken & Broccoli Crêpes

two thin crêpes wrapped around chicken & blanched broccoli in chervil cream with mushrooms 11

Sautéed Tilapia*

pan-fried and set atop wilted spinach & mushrooms in a sauce of garlic, wine & butter 11

Roasted Chicken

one-half bird rubbed with olive oil, garlic & herbs de provence, served with mashed potatoes

1/2-bird 11 1/4-bird 7

Chicken Pot Pie

amical specialty. chicken, potatoes, mushrooms, vegetables & herbs with a pastry crust 10

Blackened Salmon Caesar Salad*

salmon fillet dusted with Cajun spices & served over our classic salad with tomatoes & olives 11

Side Dishes

Side Scrambled Eggs 4

Side Breakfast Potatoes 2

Ham Steak 3

Strip Bacon 3

Bagel & Cream Cheese 3

Small Fresh Fruit Cup 3

Strawberries Romanoff 6

229. E. Front Street • Traverse City MI 49684 (231) 941-8888 FAX (231) 941-8893 www.amical.com

*CAN BE COOKED TO ORDER:

Michigan food law warns of certain risks associated with the consumption of raw or undercooked proteins for the above * items

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Sunday Brunch Menu

Soups & Appetizers

Tomato Basil Bisque

our classic soup with fresh basil & a touch of cream 3 / 5

Tomato Soup en Croute

amical specialty... baked tomato soup with a puff pastry crust 6

French Onion Soup

gratinée-style, top-browned with mozzarella cheese & croutons 4 / 6

Olive Twists

baked twists of pastry stuffed with feta cheese and tapenade 7

Smoked Whitefish Paté

light cream cheese, scallions & crumbled whitefish served with assorted crackers 8

Monterey Crab Cakes

two sautéed crab cakes served with a spicy chipotle remoulade 12

Sesame-Crusted Tuna*

chilled rare tuna on thin sesame wafers with wasabi, hot mustard and soy syrup 12

Salads

Caesar Salad

Romaine, croutons & parmesan tossed with our superb low fat dressing 8

Chicken Caesar Salad

tender strips of chicken added to our signature low fat salad 10

Asian Chicken Salad

soy-sherry marinated chicken, almonds, crisp rice noodles & carrots tossed in spicy ginger dressing 10

Mediterranean Tuna Salad

albacore tuna mixed with pesto & olive tapenade over greens with tomato, fresh mozzarella & red onion 11

Fruit Salad

slices & wedges of pineapple, honeydew, cantaloupe and seasonal berries 9

Cracker Crust Pizza

Bacon and White Cheddar Pizza

crisp bacon, Farm Country white cheddar, caramelized onion & basil on a thin crust 10

Rustica-Style Pizza

crumbled Italian sausage baked over a thin crust with roasted red peppers & mozzarella cheese 10

Three Mushroom Pizza with Chevre

oven-roasted Shiitake, Portabella & Crimini mushrooms with spinach, goat cheese and our tomato sauce 10

Pasta Dishes

Baked Penne Pasta

oven-baked penne with gruyere, cheddar & Parmigiano-Reggiano seasoned with thyme & garlic 9

Ravioli with Pesto Cream

ricotta-filled pasta served over wilted spinach & roasted tomato 12

Penne Rustica-Style

crumbled Italian sausage, tomatoes, basil & Calamata olives with garlic and a house-made tomato sauce 11

Sandwiches

Chicken Caesar Wrapper

low fat Caesar salad tossed with chicken & roma tomatoes in a whole wheat wrapper 8

Turkey and Prosciutto Sandwich

sliced turkey & thin prosciutto ham on focaccia with lettuce, tomato, pesto mayonnaise & fresh mozzarella 9

Asian Chicken Wrapper

fresh greens, almonds, julienne carrots, crunchy fried rice noodles & marinated chicken 9

Dinner served every night from 5:00-10:00 pm. (Fri/Sat dinner til 11 pm in the summer!)

Lunch served Mon-Sat at 11:00 am Sunday Brunch from 9-3

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